



September 2, 2010

*"A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history."
-Mohandas Gandhi*

Dear Friends and Family,

We are Drs. Eunice and Joel Mata, new additions to Phil's list of friends. We are both physicians here in San Diego and have been volunteering our services throughout Latin America for the past 20 years. We are excited to be added to your family and hope that together we can continue to build on an already strong foundation of giving and support for others. Through all of our determination we hope to provide medical services to areas in Haiti which remain particularly in need.

This past July we traveled to Haiti with 15 other Friends & Family Community Connection (FFCC) volunteers to help and serve the people of Haiti. During this visit, we were overwhelmed by the degree of need and general lack of structure and support the people of Haiti endure. Sadly, Haiti still requires significant help despite the intense international efforts since the January, 2010 earthquake.



There are thousands of people still living in tent cities. Cargo containers sit in their port of entry for months at a time. Despite the millions of dollars donated to the relief effort, monies are not reaching their intended targets. Redevelopment of cities and communities destroyed by the earthquake are taking longer than planned. In the meantime, thousands of people are desperate for food, water and medical assistance.

We have identified areas, outside of the epicenter, where the relief efforts have yet to reach. We have met with the Mayor of Gressier, a small city west of Carrefour where the earthquake was centered. We have garnered his support and the support of some of the city's health authorities to create a medical clinic to provide essential primary care and vaccinations to the more remote townspeople who do not yet have access to care. The Mayor has volunteered his support and looks forward to partnering with FFCC in our plans to set up a medical outreach clinic in the village of Kabwa. Medical care is practically non-existent in this region. It is estimated there is one doctor for every 17,000 people, making general medical care, childhood immunizations and management of chronic conditions unattainable for most.

Our goal is to return to Haiti on January 14 - 22, 2011, with a team of doctors, nurses and volunteers. Our team will provide basic medical aid, childhood immunizations, health education, referrals of ill patients to the nearest hospital, and general support to the underserved people in the village of Kabwa.

We anticipate our team will include 6 Physicians, 2 Pharmacists, 10 Nurses, 2 Health Educators, 2 data processors and 6 general volunteers. We will have 18 - 20 Haitian interpreters volunteering and assisting us during the trip. We will need a lot of support both here and in Haiti. We will require a variety of medications, support staff and medical supplies in preparation for our mission.

We are asking for your help and support. An informational meeting will be held on:

September 20, 2010, 6:30 pm
12582 Via Colmenar, San Diego, 92129
(858) 484-8424

We hope you will join us in helping the people of Haiti.

Drs. Eunice Sanchez-Mata & Joel Mata



Girl Scouts Sponsor Dorm Room!

The Girl Scouts theme for this year's World Thinking Day was "together we can end extreme poverty and hunger." This fit the girls from Cadette Girl Scout Troop 8195 from Poway perfectly since they have been involved in community service with FFCC this year (food packaging, collecting shoes and quilting). The Troop held two events for the Day, entitling them "Passport to Adventure - Africa!" **The proceeds from the events will go towards sponsoring**

a dorm room for girls at the Gunda Secondary School in Nkungu, Tanzania!

Both events were awesome and had girls of all ages walking away feeling motivated about community service and helping kids on the other side of the world, while having lots of fun as well!

They plan on naming their dorm room "Confidence".

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You make a difference!

Thank you so much for your gifts of time, talent, and financial support!

Quick Links

FFCC Website!



Volunteers Needed!

FFCC needs your help!

This Saturday, September 2nd, at 7:30am, volunteers are needed at the warehouse to help inventory donated medical supplies for the upcoming medical trip to Haiti. No previous experience required!

If you can help, please email Phil at philffcc@san.rr.com.



One More Party!

The FFCC Quilting Team will be holding our last quilting party, which will take place on September 25th from 9:00 am-12:00 pm at Grace Lutheran Church in Escondido in the multipurpose room. We will be assembling and tying off the last of the quilts. Everyone is welcome!

For more information, contact Sue Gary at sgary@csusm.edu.

Upcoming Events at a Glance

Inventory of Medical Supplies at FFCC Warehouse	September 4	7:30am
Homeless Outreach (SD Salvation Army)	SEPTEMBER EVENT CANCELLED Next Outreach October 4	
Food Packaging Core Team Meeting	September 14	
Haiti 2011 January Medical Trip Info. Meeting (Mata's Home)	September 20	6:30pm
Sign-ups for November 6th Packaging Event Open	September 25	
Quilting Party (Grace Escondido MP Room)	September 25	9:00am-12:00pm
Sign-ups for November 28th Packaging Event Open	October 17	
21st Food Packaging Event (Del Norte High School, Poway)	November 6	
22nd Food Packaging Event (Old Police Station, Escondido)	November 28	
Haiti Mobile Medical Clinic Trip	January 14-22, 2011	
Tanzania Trip #8	February 11-March 1, 2011	

Contact Information

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